### Classes Begin Monday, September 20

#### Monday
- **MP#1**
  - 7:30 - 8:30 a.m.
  - Zumba
- **MP#2**
  - 9:30 - 10:30 a.m.
  - Body Blitz
  - 12:00 - 12:55 p.m.
  - Cycle Express
- **WR#2**
  - 12:00 - 12:55 p.m.
  - Sculpt Yoga
  - 1:05 - 1:35 p.m.
  - Make It Count Cycle
  - 5:15 - 6:15 p.m.
  - Cycle Express
- **WR#3**
  - 6:30 - 7:30 p.m.
  - Body Blitz
  - 6:30 - 7:30 p.m.

#### Tuesday
- **MP#1**
  - 7 - 8 a.m.
  - Sunrise Yoga
- **MP#2**
  - 7:30 - 8:15 a.m.
  - Rise'Ride!
  - 10:15 - 10:55 a.m.
  - Sunrise Yoga
- **MP#3**
  - 12:10 - 12:55 p.m.
  - Vinyasa Yoga
  - 12:15 - 1:35 p.m.
  - Flow Yoga
- **WR#2**
  - 4 - 5 p.m.
  - Cycle Fit
  - 12:55 p.m.
  - Zumba
  - 4 - 5 p.m.
  - CoreFit
  - 5:15 - 6:15 p.m.
  - Cycle Express
  - 5:15 - 6:15 p.m.
  - Zumba
- **WR#3**
  - 6:30 - 7:30 p.m.
  - Zumba
  - 6:30 - 7:30 p.m.

#### Wednesday
- **MP#1**
  - 6:15 - 7:15 a.m.
  - Body Blitz
  - 12:10 - 12:55 p.m.
  - Body Blitz
  - 12:10 - 12:55 p.m.
  - Cycle Express
  - 12:10 - 12:55 p.m.
  - Body Blitz
  - 12:10 - 12:55 p.m.
  - Cycle Express

#### Thursday
- **MP#1**
  - 10:15 - 10:55 a.m.
  - Body Blitz
  - 4:15 - 5 p.m.
  - Body Blitz
  - 4:15 - 5 p.m.
  - Body Blitz
  - 4:15 - 5 p.m.
  - Body Blitz

#### Friday
- **MP#1**
  - 7:30 - 8:30 a.m.
  - Zumba
  - 12:10 - 12:55 p.m.
  - Zumba
  - 12:10 - 12:55 p.m.
  - Zumba
  - 12:10 - 12:55 p.m.
  - Zumba

#### Saturday
- **WR#2**
  - 9:30 - 10:30 a.m.
  - Let's Ride!
  - 10:30 - 11:30 a.m.
  - Sculpt Yoga
  - 12 - 1 p.m.
  - Zumba

#### Sunday
- **MP#1**
  - 6 p.m.
  - Zumba
  - 6 p.m.
  - Zumba
  - 6 - 6:30 p.m.
  - Cycle Express
  - 6:30 - 7:30 p.m.
  - Zumba

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**Passes**

- **One Class**
  - $10
- **TERM**
  - $55
- **9-Month**
  - $115
- **Annual**
  - $130

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Fall Group Fitness Classes begin Thursday, September 20 and end Wednesday, December 5.

For alternative formats or accommodations related to a disability, please contact Recreational Sports Tina Clawson at 541-737-8830 or tina.clawson@oregonstate.edu