

## DROP-IN ACTIVITIES

Activity	Day(s)	Date(s)	Start Time	End Time	Location	Fees		
						Students/ Members	OSU Community	General Public
<b>FITNESS ORIENTATION</b>								
30-Minute Orientation	M-F	6/19-8/18	10:00 AM	7:00 PM	Fitness Desk, Dixon Weight Rm 1	Free	N/A	N/A

## FIT PASS

Fit Pass gets you access to as many fitness classes as you want. A unique schedule of fitness classes is created the week before classes each term, around student interest and availability of instructors.

See "Fit Pass Class Descriptions" at [recsports.oregonstate.edu/fit-pass-class-descriptions](http://recsports.oregonstate.edu/fit-pass-class-descriptions)

See "Fit Pass Schedule" at [recsports.oregonstate.edu/fit-pass-class-schedule](http://recsports.oregonstate.edu/fit-pass-class-schedule)

	ONE CLASS	TERM	9-MONTH	ANNUAL	SUMMER
Students/Members	\$7	\$50	\$110	\$126	\$36
OSU Community	\$7*	N/A	N/A	N/A	N/A
General Public	N/A	N/A	N/A	N/A	N/A

\*With purchase of facility access pass

## SERVICES

By Appointment	Fees		
	Students/Members	OSU Community	General Public
<b>PERSONAL TRAINING</b>			
Get Started <i>(90 minutes)</i>	\$25	N/A	N/A
Follow-up Training <i>(60 minutes each)*</i>	\$25	N/A	N/A
Partner Training <i>(2 people, 60 minutes)</i>	\$25	N/A	N/A
<b>FITNESS EVALUATION</b>			
Build Your Own Fitness Evaluation <i>(First Test)</i>	\$5	N/A	N/A
Additional Tests	\$4	N/A	N/A
<b>FITNESS OUTREACH</b>			
Offsite Classes/Training/Workshops <i>(By request)</i>	Contact Erika Hanselman Green 541-737-6808		