We recognize, understand, and encourage celebration of the human difference that surrounds us.

We ask that you participate in fostering this spirit.
We are Recreational Sports.
We are Beaver Nation.

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It is a pleasure to share the 2015-16 Annual Report of the Department of Recreational Sports. As you read through its pages, I invite you to measure our impact by both breadth and depth. We hope you will look not only at high participation rates, but also to the variety of programming that meets the needs of a diverse population, and that you will hear the voices of students who are positively changed as a result of their engagement.

Like the community we serve, the Department of Recreational Sports has multiple interests and identities.

- We are leaders – sharing a rich resource of experience, as the third oldest campus recreation program in the nation.
- We are a place of belonging – offering a catalog of activities that allows each student to find a niche and a community of interest.
- We are teachers – facilitating self-discovery and growing transferable skills in the workplace.
- We are proponents of health and fitness – using physical activity to manage stress, improve sleep, and resist illness in a period of personal exploration and change.

This year, while student staff oversaw the daily activity of Recreational Sports, administrative staff strategized to better leverage its strengths to improve the student experience. We bolstered feedback loops, standardized fiscal practices, and focused our talents on student success.

When we talk about student success at Recreational Sports, we are referring to something bigger than grade point average. While the importance of health and physical activity is clear, our greater desire is for the comprehensive well-being of our students. We know the fiber of success is also woven with healthy relationships, meaning, and accomplishment.

Working with our University colleagues, we believe we are truly transforming the world – one student at a time.
**FACILITY ENTRIES**

**AVERAGE NUMBER OF SWIPES PER WEEKDAY IN THE ACADEMIC YEAR**

- **Dixon Recreation Center**
  - M-F 6am - 12am
  - Sat 9am - 10pm
  - Sun 10am - 12am

- **McAlexander Fieldhouse**
  - M-F 12pm - 12am
  - Sat 9am - 10pm
  - Sun 10am - 12am

**Total Winter 2016**

- **Student Enrollment** (28,440)
- **OSU Faculty/Staff** that swiped into Recreational Sports (1,157)

55% of enrolled students swiped into a Recreational Sports facility this year.

19% of OSU employees swiped into a Recreational Sports facility this year.

**Total Swipes**

- **Dixon Recreation Center**: 894,746
- **McAlexander Fieldhouse**: 65,036

**6am - 11pm**

<table>
<thead>
<tr>
<th>Time of Day</th>
<th>Dixon Recreation Center</th>
<th>McAlexander Fieldhouse</th>
</tr>
</thead>
<tbody>
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<td>610</td>
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<tr>
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6am

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<th>Time of Day</th>
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I left to travel abroad for two years, and when I returned every staff member remembered my name! It’s a 400 person family. And that sense of social support kept me going through the difficult patches of my college experience.

Sierra Laverty, Wellness

Rec Sports has provided a challenging and positive environment to grow my communication and leadership skills.

Gabby Kent, Fitness

One of the greatest things one can do in life is to help others succeed. Rec Sports allows you to do this.

Pierre Allain, Sport Programs

I can’t imagine going through college without my employment through RecSports. It taught me so much about myself and the workplace that I feel I am forever in Rec Sports’ debt.

Matt Gerlach, Operations

Coming into Rec Sports, I never thought of myself as a leader or someone who could work with a team. Now it is a part of my identity and will always be grateful for Dixon and the people in it.

Sarah Doss, Safety

Recreational Sports is proud to offer meaningful employment to OSU Students. 22.9% of total student fees allocated to Rec Sports were spent on student payroll.
Every year since 2005, the Rainbow Continuum, in conjunction with the Pride Center, has recognized groups for their excellence in support of the LGBTQ+ community with the Pink Clipboard award. In 2007, recipients included CAPS, Student Health Services and Peer Health Advocates. In 2008, Bloss Hall and the Women’s Gender and Sexuality Studies Department received the award. This year, for the first time, the Department of Recreational Sports was honored with the award.

The award specifically recognizes Recreational Sports’ efforts to create a more inclusive space for all. These efforts include creating better signage that reflects the inclusivity of the space, specifically with signage for gender inclusive bathrooms. Ali Casqueiro, Membership Coordinator at Recreational Sports who has been a leader in these efforts, feels that the signage helps to “remove perceived barriers individuals might have which may prevent them from using our facilities.”

This echoes the sentiment of Vickie Zeller, an officer in the Rainbow Continuum who believes that “for everyone to feel included, you need spaces that reflect that by having inclusive spaces for support and not discriminating.”

Despite the many improvements, there is still progress to be made. Casqueiro remarked, “We must continue to innovate to find ways to include more people and build our community.”

Zeller remarked, “I am hopeful that various spaces, groups, and individuals will continue to make strides for more inclusive space.” Both give a reminder that continued growth and innovation go beyond classroom walls here at Oregon State University.

The Pink Clipboard award is a symbol of Beaver Nation’s commitment to building a community that is inclusive and welcoming for all. Creating a place based in inclusiveness is at the core of what Recreational Sports wishes to achieve — a space that is safe for everyone to learn, grow, and have fun. Casqueiro embodies this sentiment, saying that “Recreational Sports’ continued improvements and desire to innovate to create a better space for all is founded in the belief that everyone belongs here and is a part of Beaver Nation,” showcasing that inclusivity isn’t just an afterthought; it’s a central part of the community and what Recreational Sports and Oregon State University strives for.
You may recognize Adison Pigg from seeing her around Dixon Recreation Center. She is a Zumba and Yoga class instructor. “Shy” would probably not be the first word you would use to describe her. Prior to teaching Fit Pass classes, Pigg says she was very quiet. However, through her teaching and work for the Department of Recreational Sports she’s been able to grow in her self-confidence and interpersonal skills, as well as work towards her own personal fitness goals.

Her mother taught Pilates and Yoga, but Pigg didn’t want to follow the same path: “I don’t want to do what my mom did.” As an avid lover of dance and all forms of creative movement, she found herself drawn to fitness.

This passion led her to begin practicing Vinyasa, a form of Yoga where students coordinate movement with breath to flow from one pose to the next. She started participating in Zumba three years ago. Soon after she received her certifications to teach both Yoga and Zumba. This provided the perfect opportunity to pursue her passions and aligned well with her future career aspirations to become a fit coach.

This passion has benefitted her in various areas of her life. Instructing a large group of people throughout the week has helped her build confidence, especially in terms of public speaking skills. She has also been able to make connections with students and co-workers who she feels share the same goals and passions. Members are familiar with her face and this encourages others to approach her and ask their fitness questions both in and out of the gym setting. This often leads to even further conversation, which allows her to connect with others and build meaningful relationships within the community.

In addition to social and career growth, Pigg also loves the physical benefits of having a job that allows her to spend so much time on fitness. She enjoys practicing Yoga and staying fit, “I love always being able to do new things with my body.” And through her frequent practice, she has discovered, “The body can do amazing things with practice and consistency.”

For her, it is all about growth. She started weight-lifting last term. She recounted that the first few times were daunting, but she grew to love it as she continued to practice and work on her technique. She advises others that it may be uncomfortable the first few times you try something new, but suggests coming with a friend. “Find something you love enough to do several times a week which can help you achieve your fitness goals.”

As for those times she feels hopeless, she always reminds herself: “If I’m consistent, no matter what, I’ll see progress.”
When I was a freshman at Oregon State University, Dixon Recreation Center quickly became my haven — my special place to retreat to and a sanctuary for me. Working out daily wasn’t something that I had made a part of my life before college, and being able to do that through Recreational Sports helped me adjust to college life, establish healthy habits, and feel great.

Four years later, Dixon Recreation Center continued to be my haven. However, by then, I saw Recreational Sports for what it really was – a center for student empowerment. I spent two years working on the Outreach & Marketing team in the Department of Recreational Sports and my only regret upon reflecting on my experience is that I didn’t apply earlier!

Surrounded by supportive staff that would eventually turn into lifelong friends, I took on responsibilities that I never would have imagined taking on as “just a student.” My teammates and I contributed to department decision making, created and implemented wellness and social media campaigns, hosted campus-wide events, and recruited and trained our own staff. As a supervisor, I was able to establish the pace and content of our work.

One of the greatest lessons I learned from working at Recreational Sports is that if you are passionate about something that needs to get done, you are the best one to do the job! I saw every single member of my team find or create their own passion project. It wasn’t assigned, required, or asked of them, but when you work in such a wonderful environment, it’s almost impossible NOT to be inspired!

In my case, I was able to couple my passion for health equity with Recreational Sports by conducting research for an undergraduate thesis. With unrelenting support from colleagues and a lot of late nights, I finished that passion project of mine. I can proudly say that my thesis, “Ethnic Minority Students’ Barriers and Facilitators to Engaging in Campus Recreation” is taking me to a national conference in March where I will share my passion with hundreds of other individuals in the field of health and physical education.

Working at Recreational Sports wasn’t just “a college job.” It was a real job; one that helped develop my skills and talents and a job that provided me with the unique skills and abilities sought after by employers. Thanks to my engagement with Recreational Sports, I now work as a nutrition educator at low-income schools in Portland. I am still spreading a message of wellness, and always seeking to empower my students, just as Recreational Sports does for everyone who walks through its doors.
As the springtime sunshine begins to glow, the sand volleyball courts outside of Dixon Recreation Center come to life. Whether you have strolled by the sand courts on a sunny day or heard the sounds of "slam" or "whack" from the lower volleyball courts, there is a good chance that the athlete behind the spike of the volleyball is Oregon State University senior, Erik Bateham.

Bateham is honing in on completing his academic and athletic journey at Oregon State University, which started three years ago, when he transferred from Lane Community College. Bateham arrived in Corvallis joining his equally athletic family. His sister, Nicole, a former collegiate volleyball player from Portland State University, and works as a Fitness Instructor at Recreational Sports. Bateham’s mother, Lisa, can often be seen at Dixon taking cycling classes. Bateham clearly fits in well with his athletic family.

“With my family being really athletic, my competitive drive just runs naturally. It’s something that really drew me here to become a Beaver,” explained Bateham in regards to his interest in athletics and the opportunities available at Oregon State University.

Off the court, Bateham is pursuing a degree in the field of chemical engineering. He is motivated by making the world “a greener place to live”. Bateham is a dedicated problem-solver both in his field of study and on the court. He strongly believes in working hard to bring about success for his team – in the classroom or between the lines on the court. In fact, Bateham’s belief in teamwork parallels directly with his perception of what Recreational Sports is all about.

“Hard work, camaraderie, and victory are definitely three aspects that I experience every time I interact with Recreational Sports, whether I’m working out in Dixon or playing outside on the fields at Student Legacy Park,” Bateham explained that he loves the welcoming atmosphere, state-of-the-art equipment, and community-driven vibe of Recreational Sports.

All of this has supported him in remaining active and helped him to continue to find new ways to have fun. Bateham enjoys intramural soccer, badminton, and the various intramural volleyball tournaments hosted by Recreational Sports.

All of Bateham’s efforts to exercise regularly and stay active have resulted in an astounding 40-inch vertical leap! “It’s actually something I’m pretty proud of. There are actually a few guys on our volleyball squad who’ve crossed that 40-inch mark, which is awesome for the team,” Bateham stated with a beaming smile. A high vertical leap gives Volleyball players a competitive edge on the court.

The amazing athletic abilities of Bateham and his teammates are a result of countless hours of practice, team chemistry, and courage. This triple threat also led to the team winning the Men’s Volleyball National Championship title in Reno, Nevada in April of 2014.

“The whole year culminated in the trophy, and it made us realize that hard work truly does pay off. It was surreal!” proclaimed Bateham.

Bateham looks forward to showcasing his athletic ability professionally by utilizing the skills and abilities he refined on the courts in Dixon and on the sand at Recreational Sports. He also hopes that the Oregon State University Men’s Club Volleyball Team continues the winning tradition that he and his teammates have established this year. He is confident that the team will be able to do so. When Bateham graduates, he will leave a legacy as a teammate on the championship team, but more than that, he will leave a mark on this campus community as a leader and friend to many. Go Beavers!
I overheard Dale in Dixon’s Weight Room say to an OSU student, “Wow, you’re pretty fit.” The young man quickly replied, “Well I would say the same for you, sir!” Dale stated, “For my age, I guess…”

Dale Weber

Dale is a gifted intellectual. His humble beginnings were as a farmer in Illinois. There, he found a passion in animal science and received both his undergraduate and graduate degrees in that academic field at Iowa State University. Dale came to Corvallis in 1968 and started at OSU as an Assistant Professor of Animal Science, where he served for 23 years; and while he officially retired 15 years ago, he has still been in the classroom, every year since. Whether he’s teaching about swine, leading a U-Engage class, or guest speaking at professional development seminars for students, Dale continues to bring his passion to the OSU campus.

Dale’s current teaching focus is a two-credit course with first-year students titled “What are you eating?”. He commented on the class, “I try to make sure people know and appreciate how food gets to them, from the farm to the table.” He is ardent about educating OSU students on the importance of good nutrition and healthy eating.

Dale is a family-man. Dale has been married to his beautiful wife, Mary Jane, a retired elementary school music teacher, for 55 years. Dale and she have a daughter, Faye, and son-in-law, Ron, and two active grandsons, Christopher (14) and Matthew (11), who all live in Danville, CA. Dale and Mary Jane prioritize their family time and are always cheering on their grandsons in their many athletic pursuits and achievements. When Christopher and Matthew come to Oregon to visit, their favorite pastime is accompanying Dale to Recreational Sports.

Dale and Mary Jane also enjoy gardening, stay active in their church community, and volunteer at OSU and at the hospital. I couldn’t help but pick Dale’s brain about the key to a successful 55-year marriage. His answer: “Stay committed to each other – through the good times and the bad.”

Dale is a Beaver Believer. As a season ticket holder to many Oregon State sporting events, Dale is proud to be a part of Beaver Nation. He fondly reflects on how much has changed since his arrival to OSU and by the same token, optimistically looks forward to what is to come for his campus community. “Change is inevitable. Progress cannot happen without change. OSU is on a good path, with good leadership, and is becoming a more prominent university.” Dale continued, “I believe that OSU will continue to be an institution where people say, ‘I went to school there and I am proud to be a Beaver.’”

Dale is a role model to me and to our members.

Dale is active in Recreational Sports. He works hard with personal trainers and exercises on his own. From lifting weights to riding the bike, Dale is committed to his “exercise regimen.” Motivated! Dale is one of the most dedicated members I have had the pleasure of meeting. “I guess I am just fighting old age, you can fight it, but you’re never going to win!” he explained. “I see a lot of my peers who, at their age, have a lot of health issues, and I want to stay healthy as long as I can. I really believe that you’re never too old to exercise.”

Dale noted that one of the biggest draws to Recreational Sports is the energy. “I enjoy it most when it is rainy and dark outside and then I come into Dixon and it’s bright and energetic and it really brightens your spirit.” Dale explained that the community here at Recreational Sports also adds to his satisfaction. “I really enjoy being around the young people in Dixon. I have met a lot of new people, made a lot of friends, and have gotten to know a lot of great individuals.”

Dale is hopeful. Dale eagerly anticipates the future. “I am so fortunate that my wife and I are in good health and we are blessed in so many ways. I look forward to seeing my grandkids grow up and I plan to stay active at OSU.” Dale continued, “I am blessed to have a healthy brain. I keep saying this will be my last year teaching, but I have said that many times before!”

Given how healthy, hardworking, kind, and generous Dale is, I am also hopeful - hopeful that our Recreational Sports community and Beaver Nation alike get the chance to cross paths with Dale Weber – because he is one of a kind. His spirit will inspire you to lead a healthy life, motivate you to live your passions, encourage you to learn all that you can, and remind you to embrace your life and forget your age!

- Ali Casqueiro Duerfeldt

Membership Coordinator

DALE WEBER
**ADVENTURE LEADERSHIP INSTITUTE™**

**CLIMBING CENTER PARTICIPATION**
- Total Visits: 46,166
- Drop-In Visits: 14,586
- Class Visits: 6,770
- Unique Users: 3,018

**CHALLENGE COURSE PARTICIPATION**
- Total Participants: 5,488
- OSU Students: 2,577
- Non-Profit: 1,690
- Other College: 204
- Business (1P)

**ADVENTURE CLUB PARTICIPATION**
- Total Members: 190
- Annual Members: 106
- Term Members: 60
- Trial Members: 27

**ADVENTURE LEADERSHIP INSTITUTE™ CERTIFICATES EARNED**
- Total Certificates: 12
  - Level 01: 8
  - Level 02: 4
  - Level 03: 0

**OUTDOOR EQUIPMENT RENTAL**

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<tr>
<th>MONTHS</th>
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<tr>
<td>FEB</td>
<td>1,711</td>
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<tr>
<td>MAR</td>
<td>698</td>
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**ADVENTURE LEADERSHIP INSTITUTE™ CLASSES**
- Total Enrollment (Credit & Non-Credit): 2,710
- Credits Earned: 1,626

**Highlighted Accomplishments:**
- Students continue to progress in understanding and application of ALI core theories.
- On a scale of 1-5, the average participant rating for ALI was 4.8+ for:
  - Student Leader Development
  - Self-Identity Development
  - Competence Development
  - Adaptive Capacity
  - Compelling Environment
- Administrative staff prioritized cultural competence training in support of the campus wide momentum to address bias.
Highlighted Accomplishments:
- Offered weekly in-service training to ensure lifeguard aptitude and readiness.
- Completed a professional study that identified priorities for facility improvements and sustainability.

---

ATHLETIC TRAINING

- Advised 21 practicum students regarding athletic training and exercise science applications.
- Made four professional presentations on Kinetic Integrations Exercise Professionals (KIEP) to international audiences — Germany, Chez Republic, South Korea, and Thailand.

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AQUATICS

**POOL USE BY MONTH**

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<th>MONTHS</th>
<th>JUL</th>
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**TOTAL SWIMMERS: 49,075**

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**ATHLETIC TRAINING APPOINTMENTS, BY TYPE**

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<th>TYPE</th>
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<tbody>
<tr>
<td>BRIEF SCREENINGS</td>
<td>(346)</td>
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<tr>
<td>EMAIL &amp; TELEPHONE ADVISING</td>
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<td>REGULAR 40 MIN</td>
<td>(402)</td>
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<tr>
<td>KINETIC INTEGRATION EXERCISE PROFESSIONAL (KIEP)</td>
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**TOTAL APPOINTMENTS: 1,777**
Highlighted Accomplishments:
- Worked with special-interest communities (Collegiate Recovery and INTO) to provide them with yoga classes.
- Coached eight practicum and intern kinesiology students for a total of 25 hours of credit.
- Provided a diverse schedule of 82 group-fitness sessions each academic term.
Highlighted Accomplishments:

- Enhanced the library of sport-programs videos, including one titled “The Value of Intramural Sports.”
- Coordinated schedules and resources with other Student Affairs Departments to collaboratively deliver Start, After Dark, and Welcome Week programming for students.
- Served 12,581 participants with intramural programming - a five-year record of participation.
Facility Rentals

Highlighted Accomplishments:
- Successfully hosted multiple prominent events, including Special Olympics, Cycle Oregon, 4-H Youth Conference, and OSAA Tennis Championships.
- Recruited and welcomed five new, community organizations as clients.
- 100% of our clients reported that they were satisfied or very satisfied with our venue(s).

Safety

Highlighted Accomplishments:
- Supervised eight internships for Health Behavior / Education students, for a total of 81 credit hours.
- Provided safety response for reported 1,531 injuries.
- Issued 1,805 safety certifications.
- Worked collaboratively with the University Safety Committee and the Infectious Disease Response Team to promote a culture of safety on campus.

Hours Worked at Rec Sports Events by Student Safety Personnel as Emergency Responders

- Sport Club Events (850)
- Hosted Tournaments (140)
- RecNight (20)

Number of Instructional Hours by Course Type

- Lay Responder (1,157)
- Professional Rescuer (446)
- Aquatic (68)
- Instructional (45)
SPORT CLUBS

Highlighted Accomplishments:
- Trained 814 Sport Club officers and leaders in various training forums.
- Total fundraising for 40 Sport Clubs was $349,967.
- Collaborative programming of Start Nights, RecNight, and After Dark drew 8,366 participants.

SPORT CLUB PARTICIPANTS, BY CLASS

TOTAL PARTICIPANTS: 1,672

SPORT CLUB PARTICIPATION, BY MOTIVATION

- Trained 814 Sport Club officers and leaders in various training forums.
- Total fundraising for 40 Sport Clubs was $349,967.
- Collaborative programming of Start Nights, RecNight, and After Dark drew 8,366 participants.
The Advisory Board of Recreational Sports is the primary governing body for all aspects of the student fee-funded Department of Recreational Sports. The Board is responsible for making recommendations to department administration in the operations of facilities and the delivery of programs and services for the Oregon State University campus. This body reviews operation and use policy, reviews the development and implementation of new programs and services, makes recommendations for requests of student funding, monitors the financial activity, and participates in long term strategic planning.

Board Members are appointed through open application and recommendation processes. The Board consists of eight to eleven students serving one-year terms, five faculty or staff serving three-year terms, and up to two ex-officio members. The Board’s guidance and council has been critical in the development of facilities and the implementation of new programs and services.

STUDENTS
- Hillary Fishler — Graduate at-large (PhD, Environmental Sciences)
- Gabe Hernandez — Graduate at-large (EdM, College Student Services Administration)
- Emily Carter — Undergraduate at-large (Exercise and Sport Science)
- Matt Gerlach — Undergraduate at-large (Exercise and Sport Science)
- Peter Hong — Undergraduate at-large (Biology)
- Sierra Laverty — Undergraduate at-large (Horticulture)
- Lyndi Petty — ASOSU Vice President
- Easton Henrikson — Alternate (MBA, Commercialization)

FACULTY
- Logan Denney — Staff at-large (UHDS Residential Education)
- Leah Hall Dorothy — Recreational Sports, Ex-Officio
- Karen Swanger — College of Public Health & Human Sciences
- Robert Thompson — Faculty at-large (Ethnic Studies)
- Melissa Yamamoto — Student Affairs (Student Leadership & Involvement)
The Sport Club committee is the primary governing body of the Sport Clubs Program. The Committee is responsible for establishing and reviewing policies related to the operation of the program, evaluating and reviewing budget requests, allocating individual club dollars, and allocating money to clubs from the national travel fund account. The Committee also is responsible for evaluating and reviewing requests for new club membership, responding to questions and issues concerning sport clubs, and making recommendations regarding club and individual member status when disciplinary or conduct issues arise.

The Sport Club Committee is comprised of five sport club student members elected by the Sport Club Association (which consists of one representative from each sport club), and three faculty or staff members appointed by the Vice Provost of Student Affairs. The Sport Club Coordinator and the Director of Recreational Sports serve as ex-officio members to the committee.

**STUDENTS**
- Noah Bryon-Kotler — Men’s Soccer Club
- Aike Burger — Sailing Club
- Taylor Hellman — Baseball Club
- Jacob Scheer — Running Club
- Amber Yonamine — Women’s Ultimate Club

**FACULTY**
- Joe Schaffer — Sport Programs Coordinator, Recreational Sports, Ex-Officio
- Leah Hall Dorothy — Director, Recreational Sports, Ex-Officio
- Annie Friedman — OSU E-Campus
- Kameron Kadooka — College of Engineering
- Lindsay Niemeyer — College of Business
We boost activity, relationships, and the things that keep people going.